

HLTAID006 Provide Advanced First Aid

Course Description and Assessment Requirements

About This Course

This unit describes the skills and knowledge required to provide an advanced first aid response, including management of the incident and other first aiders, until the arrival of medical or other assistance. The unit applies to workers who may be required to provide, coordinate and manage a first aid response across a range of complex situations, including community and workplace settings.

Elements and Performance Criteria

ELEMENT	PERFORMANCE CRITERIA
<i>Elements define the essential outcomes.</i>	<i>Performance criteria specify the level of performance needed to demonstrate achievement of the element.</i>
1. Respond to an emergency situation	1.1 Recognise an emergency situation 1.2 Identify, assess and manage immediate hazards to health and safety of self and others 1.3 Assess the casualty and recognise the need for first aid response 1.4 Assess the situation and seek assistance from emergency response services 1.5 Deploy resources to appropriate locations as required in line with workplace procedures
2. Apply appropriate first aid procedures	2.1 Perform cardiopulmonary resuscitation (CPR) in accordance with Australian Resuscitation Council (ARC) guidelines 2.2 Provide first aid in accordance with established first aid principles 2.3 Display respectful behaviour towards casualty 2.4 Obtain consent from casualty where possible 2.5 Use available resources and equipment to make the casualty as comfortable as possible

	<p>2.6 Operate first aid equipment according to manufacturer's instructions</p> <p>2.7 Monitor the casualty's condition and respond in accordance with first aid principles</p>
<p>3. Coordinate first aid activities until arrival of medical assistance</p>	<p>3.1 Identify available resources required and establish communication links with appropriate personnel, emergency management services and medical assistance as appropriate</p> <p>3.2 Deploy correct amount of required resources to appropriate locations in an effective manner to ensure timely arrival</p> <p>3.3 Document the provision of resources and recommend modifications as required</p> <p>3.4 Monitor the condition of casualties in accordance with first aid principles and workplace procedures</p> <p>3.5 Coordinate evacuation of casualties according to relevant evacuation procedures</p> <p>3.6 Arrange support services for personnel involved in the incident in accordance with relevant principles and procedures</p>
<p>4. Communicate details of the incident</p>	<p>4.1 Accurately convey incident details to emergency response services</p> <p>4.2 Report details of incident in line with organisational policies</p> <p>4.3 Maintain confidentiality of records and information in line with statutory and/or organisational policies</p>
<p>5. Evaluate the incident and own performance</p>	<p>5.1 Recognise the possible psychological impacts on self and other rescuers involved in critical incidents</p> <p>5.2 Participate in debriefing to address individual needs</p> <p>5.3 Evaluate management of the incident and develop an action plan in consultation with relevant parties</p> <p>5.4 Review contingency planning to identify and select alternative management principles and procedures as required</p>

Assessment requirements

Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role.

There must be evidence that the candidate has completed the following tasks in line with state/territory regulations, first aid codes of practice, Australian Resuscitation Council (ARC) guidelines and workplace procedures:

Followed DRSABCD in line with ARC guidelines, including:

- performed at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on an adult resuscitation manikin placed on the floor
- performed at least 2 minutes of uninterrupted single rescuer CPR (5 cycles both compressions and ventilations) on an infant resuscitation manikin placed on a firm surface
- performed at least 2 minutes of Bag-valve-mask ventilation and at least 2 minutes of compression during a two rescuer procedure on an adult resuscitation manikin placed on the floor
- responded appropriately in the event of regurgitation or vomiting
- managed the unconscious breathing casualty
- followed the prompts of a Automated External Defibrillator (AED)
- followed single rescue procedure, including the demonstration of a rotation of operators with minimal interruptions to compressions

Responded to at least three simulated first aid scenarios contextualised to the candidate's workplace/community setting, including:

- demonstrated safe manual handling techniques
- conducted a visual and verbal secondary survey assessment of the casualty
- assessed vital signs (respirations, pulse and temperature)
- communicated effectively with a first aid team providing direction and coordination of other first aiders
- post-incident debrief and evaluation
- provided an accurate verbal and written report of the incident

Applied first aid procedures for the following:

- allergic reaction

- anaphylaxis
- bleeding control
- choking and airway obstruction
- conducted a basic triage for multiple casualty incident
- envenomation (using pressure immobilisation)
- fractures, sprains and strains (using arm slings, roller bandages or other appropriate immobilisation principles)
- head, neck and spinal injuries (using immobilisation principles)
- respiratory distress - including asthma
- seizures - including epilepsy
- shock

Located and interpreted workplace policies and procedures

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

State/Territory regulations, first aid codes of practice and workplace procedures including:

- ARC guidelines relevant to provision of CPR and first aid
- guidelines of Australian national peak clinical bodies
- safe work practices to deal with risks and potential hazards including manual handling, hazardous substances, dangerous goods and chemicals
- infection control principles and procedures, including use of standard precautions
- requirements for currency of skill and knowledge

Legal, workplace and community considerations including:

- awareness of potential need for stress-management techniques and available support following an emergency situation
- capabilities of emergency management services
- consent
- duty of care requirements
- importance of debriefing
- own skills and limitations
- legal requirements of administration of medication and the rights and responsibilities of the First Aider in the workplace regarding medication
- privacy and confidentiality requirements

- respectful behaviour towards a casualty

Considerations when providing first aid including:

- airway obstruction due to body position
- appropriate duration and cessation of CPR
- appropriate use of an AED
- assessment and interpretation of vital signs, including respirations, temperature and pulse
- chain of survival
- how to conduct a visual and verbal secondary survey assessment of casualty
- priorities of management in first aid when dealing with life-threatening conditions
- procedures for dealing with casualties who are aged or infirmed
- procedures for dealing with major and minor accidents in the workplace
- procedures when providing first aid to children
- standard precautions

Principles and procedures for first aid management of the following scenarios, including complications:

- abdominal injuries
- allergic reaction
- anaphylaxis
- basic care of a wound
- bleeding control
- burns, including thermal, chemical, friction and electrical
- cardiac conditions, including chest pain
- choking and airway obstruction
- crush injuries
- diabetes
- drowning
- emergency childbirth
- envenomation
- environmental impact including hypothermia, hyperthermia, dehydration and heat stroke
- eye and ear injuries
- febrile convulsions
- head, neck and spinal injuries
- levels of consciousness
- needle stick injuries
- poisoning and toxic substances

- respiratory distress, including asthma
- seizures, including epilepsy
- shock
- skin injuries
- soft tissue musculoskeletal, including injuries including sprains, strains, dislocations and fractures
- stroke
- substance misuse, including common drugs and alcohol, including illicit drugs

Basic anatomy and physiology relating to:

- how to recognise a person is not breathing normally
- chest, skeleton, joints and muscles
- response/level of consciousness
- upper airway and effect of positional change
- considerations in provision of first aid for specified conditions